



**SERGEI  
JUDO CAMP**

**INTERNATIONAL  
TRAINING CAMP**



**20.07 – 26.07.2025**

**IJF – YOUTH TRAINING  
CAMP NATSU 2025**





## INTRODUCTION

Under the umbrella of the **International Judo Federation (IJF)** and the **Olympic Solidarity (OS)**, **Sergei Judo Camp Association (SJC)** organizes the 11<sup>th</sup> International training camp for Cadets.

**The camp will take place in Fiesch, Switzerland, from 20 to 26 July 2025.**

## IJF-YOUTH TRAINING CAMP 2025

During this week, more than 300 athletes from around the world will gather together on the tatami. It is an opportunity for these young judokas to diversify their workouts, **under the supervision and expertise of experienced coaches of the world.**

Among the staff, you can count on the participation of several Olympic and / or world and continental medallists.

Moreover, the participants' coaches will also be involved in training.







## WORKSHOPS

### FOR THE ATHLETES

Every morning, the judokas will enjoy a **technical training**, which will be given by a medallist coach. He will present his favourite techniques.

Various current themes will be presented during exhibitions in the “Athletes’ Lounge.”

### FOR THE COACHES

**Various briefings and exchanges** (medical commission, refereeing, ...) will be organized in the “Coaches’ Lounge”

## RANDORIS

**Many randori** sessions will be scheduled during the week. They will be specifically adapted to the preparation of World Championships.



## TEAM WORK

**Sessions will be available for coaches to do their own work separately with their team**, enjoying the infrastructure of the centre.

## DISCOVERY

During the week, a **half-day “discovery”** will be organized. Under a playful and cultural form, you will discover our region and its traditions.



# FIESCH

Located in the heart of Valais in Switzerland, this small mountain village situated at an altitude of 1,050 m offers all the necessary conditions for quality training.

Part of the World Heritage of the UNESCO, Fiesch has at the entrance of the village a training centre, originally planned to be Olympic village. It can accommodate nearly 1,000 athletes where they can train, eat and sleep in optimal conditions. The whole facility extends over an area of approx. 20'000 m<sup>2</sup>.



## INFRASTRUCTURES

Full board, participants have at their disposal a **1,200 m<sup>2</sup> dojo and pool, sauna, basketball court, beach volleyball and skate park**. Other paying activities are available such as squash, mini-golf course in the trees...

**All meals are included** during the stay in the restaurant of the training centre.

The centre has a dormitory with 4, 8 or 10 beds capacity. The distribution will be done by SJC based on the number of participants. **Bedding is included**

Apart from training, the coaches can come and share their experience and relax in a coaches' lounge.

**Please note that teams should bring their own towels, although they are available upon request.**



# TRANSPORTS



## Geneva Airport

From Geneva airport, shuttle buses will be provided on arrival day and at the end of the camp. They will be available for free for the participants to the training centre.



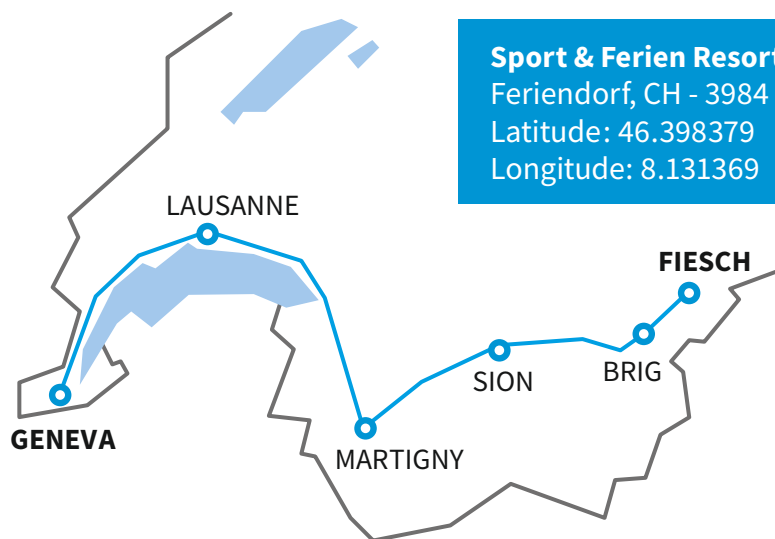
## Fiesch Sport & Ferien centre

At the entrance of the centre, there is a small station for the participants who wish to travel by train. A change of train is necessary at the Brig station.

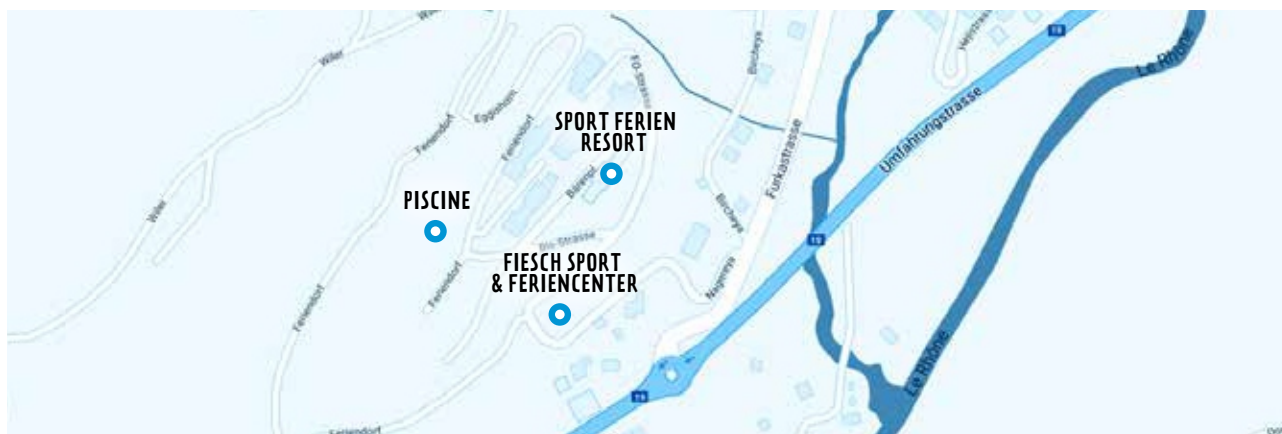


## Fiesch Sport & Ferien center

Free parking areas are available on site for participants coming by car, minibus or bus.



**Sport & Ferien Resort**  
Feriendorf, CH - 3984 Fiesch  
Latitude: 46.398379  
Longitude: 8.131369



# CONTACT

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WEBSITE



VIDEO CLIP SJC



VIDEO CLIP IJF





**RESPECT | FRIENDSHIP | EXCELLENCE**

We are pleased to welcome you and share  
this week according to the Olympic Values.

**Association Sergei Judo Camp**

**Philippe Lain-Nau**, President

**Sergei Aschwanden**, Honorary president